



CPFA FASTPITCH SOFTBALL CLINIC

DATE: Sundays, January 10th - February 28th
LOCATION: Dayton Elementary Gym
TIME: 6:00-7:00pm - 10U/12U level
7:00-8:00 pm 14U/16U level
COST: \$50- Offense/Defense only, \$35 Hitting only,
\$75 both Offense/Defense and Hitting

Payment must be submitted with registration form.

This is a two part clinic with Offense/Defense skills on Sunday, January 10th to Sunday, January 31st, and hitting skills on Sunday, February 14th to Sunday, February 28th. The Offense/Defense clinic will focus on fundamentals of throwing, fielding, and review of defensive fundamentals with introduction to position play. The Hitting clinic will focus on proper mechanics of the softball swing, bunting, and slap hits, as well as, the proper mental approach to an at-bat and specific hitting drills. More details can be found on our website (www.rebelgirls.net) under Clinics

This clinic is open to all Champlin Park Fastpitch Association players at every age level. Registration will be limited to the first 24 players to register within each group, and groups may be adjusted based on group numbers.

INSTRUCTOR

Brad Horstman has worked under one of the nation's top mentors and technicians in John Tschida. The Tommies received National Coaching Staff of the Year honors in 2004 and 2005 and the same regional honor in 2002, 2004, 2005 and 2006. Horstman has been a part of St. Thomas teams that have the best winning percentage in Division III softball this decade. In his seven seasons St. Thomas is 291-38 (.884%), including a 164-5 record (.970%) vs. conference opponents. Horstman served as the head coach of the New England Riptide of the women's professional softball league during the summer of 2008.

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Player Development Clinic
Sundays, January 10th to February 28th

Name: _____

Address: _____

Home Phone #: _____

Emergency Phone #: _____

____ Offense/Defense Clinic only - \$50

____ Hitting Clinic only - \$35

____ Both Clinics - \$75

Level of Player for 2010 Season

____ 10U/12U

____ 14U/16U

E-Mail(s):

used for CPFA Information/Dates/other clinics/not solicitation

Birthdate/Grade: _____/_____

Played Fastpitch before? Yes / No Years of Softball Experience: _____

I understand that my child will be participating in physical skill drills, conditioning and agility activities. I understand and accept the risks involved in having my child participate in these activities.

Parent/Guardian Signature: _____

Date: _____

Send Clinic Registration Form and Check (Payable to CPFA) to:
CPFA Clinic, C/O: Joanne Herron, 8953 Cambridge Ct. Brooklyn Park, MN 55443