

2009 CPFA Fastpitch Evaluations

Evaluations for the 2009 summer season will be held on Saturday and Sunday March 21st and 22nd between 1:00 pm and 4:00 pm at the Champlin Park High School Fieldhouse. All athletes trying out for CPFA's fastpitch softball teams at the 12U and 14U levels will be evaluated and scored on their abilities in the following categories: (percentage of total evaluation grade is noted)

Main Evaluation Areas

Hitting (50%)

Running (10%)

Fielding (20%)

Throwing (20%)

Pitching (Bonus Category, score added but not included in ranking)

Specific evaluation criteria:

1. Infield – The evaluators will score each player from 1 to 10 points in each category.
 - Fielding
 - i. Stance/Form
 1. Ready position (knees bent, feet apart)
 2. Attack the ball
 3. Hands out front when fielding
 - ii. Footwork/Movement
 1. Range
 2. Gets in front of the ball
 3. Crows hop
 - iii. Glovework
 1. 2-handed
 2. Head down
 3. Glove position
 4. Exchange
 - Throwing
 - i. Form/Mechanics
 1. Body position
 2. Quickness
 3. Fluidity
 - ii. Arm Strength
 1. Relative arm speed
 2. Throwing line drives or rainbows
 - iii. Accuracy
 1. Consistently hitting the target
2. Outfield – The evaluators will score each player from 1 to 10 points in each category.
 - Fielding
 - i. Proper use of the drop step
 - ii. Glove position at the point of the catch
 - iii. Position of feet at the time of the catch
 - Throwing
 - i. Arm strength
 - ii. Accuracy

3. Hitting – The evaluators will score each player from 1 to 5 points for each sub category.
 - Hitting Skills
 - i. Bunting
 - ii. Bat position
 - iii. Body movement
 - iv. Swing
 - v. Power
 - Contact (Pitching Machine)
 - i. 12U will hit 45 mph, 14U will hit 50 mph
 - ii. Players will be scored on each of 10 pitches as follows:
 - 0 – no contact
 - 1 – weak contact
 - 2 – fly ball
 - 3 – ground ball
 - 4 – line drive
4. Speed – The evaluators will record the best score of two attempts.
 - 2nd base to home (run through)
 - i. The players will be scored by the number of players per age group divided by 7. Points are awarded 1 – 7 depending on finish. Example: if 28 players run, the fastest 4 times get 7 points, the next 4 fastest times get 6 points and so on down the line.
5. Pitching – The evaluators will score each player from 1 to 10 points. (This is an **optional** station that will allow the players to receive a score for pitching that will assist the head coaches in selection of players and will **not** be counted in the overall ranking of the players)
 - i. Form
 - ii. Speed
 - iii. Control

This is a 2-day evaluation process. The identical criteria and process will be used for each day. Each player's score will be averaged for the 2 days. Should a player only be able to attend one day of the evaluations, their overall score for that day will be used for ranking purposes (no average available).

Once teams have been finalized, they will be posted by tryout number on the CPFA website (please take note of your player's tryout number when you check in). Teams are expected to be finalized by March 31st.

Uniforms will be available for sizing purposes throughout the day to avoid the hassle of doing this at the parent/player meeting scheduled for Friday, April 3rd. Please make sure your daughter tries them on and notes her size for the shirt and shorts.

CPFA Team Selection Policy

Evaluation Requirements:

To be eligible for Champlin Park fastpitch softball teams, all players at the 12U and 14U levels must participate in evaluation procedures as determined by the CPFA Board of Directors. If a player chooses not to participate in evaluations, they will automatically be placed on the lowest level team.

Exceptions: Players who cannot participate in designated evaluation procedures due to injury, family obligations or sport activity conflicts may request placement based on the previous year's playing level. Any new players not participating in evaluations will be placed on the lowest level team. All conflicts must be declared prior to the evaluation date or the player will be placed on the lowest level team.

Evaluation Procedure Guidelines:

CPFA evaluations shall be conducted to evaluate players overall ability in fielding, hitting, throwing, pitching, and running. Exact procedure for evaluations shall be applied to all participants equally and shall be established within the following guidelines:

- Evaluation procedures shall be established and published prior to the start of the evaluations.
- Evaluations shall be independent and from outside the CPFA programs, neutral and unbiased in their evaluations, and apply identical criteria to all participants.

Team Selections:

The teams will be decided based upon the overall evaluation scores. When more than one team is to be formed, the top 9 players will be placed on the "A" team (the level will be determined by the head coach). The head coach will then select the remaining players to fill the roster (up to a maximum of 13 players depending upon the total number of registered players).

The "B" team (the level will be determined by the head coach) will be filled with the remaining players. Should there be enough registered players to form 3 teams at an age level, the following selection process will be used:

The highest 9 scores remaining after the "A" team has been selected will be placed on the "B1" team (the level will be determined by the head coach). The head coach will then select the remaining players to fill the roster (up to a maximum of 13 players depending upon the total number of registered players).

The remaining players will be placed on the "B2" team (the level will be determined by the head coach).

If the remaining players' scores after the "A" team has been selected are relatively close and no clear breaking point is feasible, then the Executive Board had the right to create two equal teams.